

Finishing Drill 1 – Quick Finishing

Equipment Needed:

- Football
- Cones
- Bibs
- Goal

Players take quick shots at goal from different angles and distances. The focus is on striking the ball cleanly, staying composed, and reacting quickly after each attempt. Players should reset immediately and be ready for the next shot to keep intensity high and realistic.

Finishing Drill 2 – First Touch Finish

Equipment Needed:

- Football
- Cones
- Bibs
- Goal

Players receive a pass and take one controlling touch before finishing at goal. The focus is on controlling the ball into a good shooting position and staying balanced when striking. This helps improve composure and decision making in front of goal.

Finishing Drill 3 – Finishing Under Pressure

Equipment Needed:

- Football
- Cones
- Bibs
- Goal
- Defender (optional)

Players receive the ball while under pressure from a defender or time constraint before shooting. The aim is to stay calm, make quick decisions, and finish accurately under realistic match conditions. This improves confidence in pressured situations.

Finishing Drill 4 – Rebound Finishing

Equipment Needed:

- Football
- Cones
- Bibs
- Goal

Players shoot at goal and immediately react to rebounds or second balls. The focus is on reaction speed, anticipation, and staying alert after the first shot. Players should be ready to finish again quickly if the ball comes back into play.

Finishing Drill 5 – One vs Goalkeeper

Equipment Needed:

- Football
- Cones
- Bibs
- Goal
- Goalkeeper

Players take turns going one-on-one with the goalkeeper from different starting positions. The focus is on composure, decision making, and choosing the best way to finish. Players should remain calm and pick their placement rather than always using power.